

# The Florida Focus

YOUR LOCAL COMMUNITY PUBLICATION

THE FLORIDA FOCUS, INC., A NOT-FOR-PROFIT ORGANIZATION

Volume 3 • Number 4 • April 2012 • COMPLIMENTARY

## SPRING is Here



With blossoms on the trees, the Easter Bunny paying an early visit, and Dairy Delite opening its windows, Spring has definitely arrived in Florida, NY!

Photos: Joyce Willetts

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## COMMUNITY CALENDAR • APRIL 2012

Sunday 1	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6	Saturday 7
<ul style="list-style-type: none"> <li>St. Stanislaus Rosary Society; 11:30 AM, PI.</li> <li>St. Joseph Rosary Society; 2 PM, Parish Hall.</li> <li>HVPS Swieconka; 2 PM, St Joseph Banquet Hall</li> </ul>	<ul style="list-style-type: none"> <li>Diocese Wide Reconciliation; 3-9PM, St Joseph Church.</li> <li>Altar Server Practice; 7 PM, St Joseph.</li> <li>Choir Rehearsal; 7:30 PM, St Joseph.</li> <li>Florida Fire Dept meeting; 8 PM, Florida Fire House.</li> <li>Pulaski Fire Dept meeting; 8 PM, PI</li> </ul>	<ul style="list-style-type: none"> <li>Florida Focus hits newsstands!</li> <li>Seward Seniors Easter Luncheon; 12 PM. Activity Day; 1 PM, FSC.</li> <li>Florida Rec Dodgeball for Middle School Students; 7-9 PM; SSSI</li> </ul>	<ul style="list-style-type: none"> <li>Golden Floridians Board of Directors Meeting; 11 AM. Business Meeting &amp; Food Drive for Veterans; 1 PM, FSC.</li> <li>Florida Focus Meeting; Noon, Logan's Well.</li> <li>Florida Chamber of Commerce Board of Directors Meeting; 5:15 PM. General Membership Meeting; 6 PM, FSC.</li> <li>Florida Family Fun Fest Committee Meeting; 7 PM, Village Hall.</li> <li>Altar Server Practice; 7 PM, St Stanislaus.</li> <li>Communion Visitation to Sick &amp; Homebound; Call to Schedule, St Jos/Stanislaus.</li> </ul>	<ul style="list-style-type: none"> <li>Confessions; 4:30-5:30 PM, St. Stanislaus. Mass; 6 PM, St. Stanislaus. Mass; 7:30 PM, St. Joseph.</li> <li>Florida Rec Dodgeball for High School Students; 7-9:30 PM; SSSI.</li> <li>Board of Education Work Session; 7:30 PM, SSSI Memorial Bldg.</li> <li>Board of Education Work Session; 7:30 PM, SSSI Memorial Bldg.</li> </ul>	<p><b>GOOD FRIDAY &amp; PASSOVER BEGINS AT SUNDOWN</b></p> <p><b>NO SCHOOL – SPRING RECESS</b></p> <ul style="list-style-type: none"> <li>Solemn Liturgy; 3 PM, St. Jos. Solemn Liturgy; 5 PM, St. Stan. Confession; 6:15-7 PM, St. Jos. Stations of the Cross; 7PM, St. Jos</li> </ul>	<p><b>HOLY SATURDAY &amp; 1ST DAY OF PASSOVER</b></p> <ul style="list-style-type: none"> <li>Blessing of the Baskets; 9 AM &amp; Noon; St Joseph. 11 AM; St. Stanislaus.</li> <li>Confessions; 6-7 PM, St Joseph.</li> <li>Easter Candlelight Vigil; 8 PM, St Joseph</li> </ul>
<p><b>Sunday 8</b></p> <p><b>EASTER</b></p> <ul style="list-style-type: none"> <li>Resurrection Mass; 6:30 AM, St Joseph. Easter Breakfast for all following.</li> <li>Mass; 9 AM &amp; Noon, St Joseph Church. 10:30 AM, St. Stanislaus. No CCD.</li> </ul>	<p><b>Monday 9</b></p> <p><b>NO SCHOOL – SPRING RECESS</b></p> <ul style="list-style-type: none"> <li>No CCD classes</li> </ul>	<p><b>Tuesday 10</b></p> <p><b>NO SCHOOL – SPRING RECESS</b></p> <ul style="list-style-type: none"> <li>Village Planning Board Materials due by Noon, Village Hall.</li> <li>Seward Seniors Cake &amp; Coffee; Noon. White Elephant; 12:45 PM. Reg Business Mtg; 1 PM, FSC.</li> <li>Florida Rec Dodgeball for Middle School Students; 7-9 PM; SSSI.</li> <li>St. Joseph Holy Name Society Meeting; 8 PM, Parish Hall</li> </ul>	<p><b>Wednesday 11</b></p> <p><b>NO SCHOOL – SPRING RECESS</b></p> <ul style="list-style-type: none"> <li>No CCD classes</li> <li>Golden Floridians Trip to Sister Act; bus leaving 11AM.</li> <li>Florida Focus Meeting; Noon, Logan's Well.</li> <li>Village Board Meeting; 7:30 PM, Village Hall</li> </ul>	<p><b>Thursday 12</b></p> <p><b>NO SCHOOL – SPRING RECESS</b></p> <ul style="list-style-type: none"> <li>Florida Rec Dodgeball for High School Students; 7-9:30 PM; SSSI.</li> </ul>	<p><b>Friday 13</b></p> <p><b>NO SCHOOL – SPRING RECESS</b></p> <ul style="list-style-type: none"> <li>Seward Seniors bus leaves for Mohegan Sun; 10 AM.</li> <li>Shabbat services; 7 PM, Temple Beth Shalom.</li> </ul>	<p><b>Saturday 14</b></p> <ul style="list-style-type: none"> <li>Seward Homestead/Mapes House Restoration work day; 35 N Main; 8 AM on.</li> <li>Polish Language Class; St Joseph School</li> </ul>
<p><b>Sunday 15</b></p> <ul style="list-style-type: none"> <li>Free Blood Pressure Screening; Florida Fire House</li> <li>Divine Mercy Sunday (in addition to all regular Masses); 3 PM, St Stanislaus.</li> </ul>	<p><b>Monday 16</b></p> <ul style="list-style-type: none"> <li>American Legion Post 1250 Meeting; 7 PM, Legion Hall Cohen Circle</li> </ul>	<p><b>Tuesday 17</b></p> <ul style="list-style-type: none"> <li>Seward Seniors Luncheon Anniversary Dinner; Noon. Activity Day; 1 PM, FSC.</li> <li>Florida Rec Dodgeball for Middle School Students; 7-9 PM; SSSI.</li> <li>PTSA Meeting; 7 PM, SSSI.</li> <li>Village Planning Board Work Session; 7:30 PM, Village Hall.</li> <li>St. Stanislaus Holy Name Society Meeting; 7:30 PM, PI</li> </ul>	<p><b>Wednesday 18</b></p> <ul style="list-style-type: none"> <li>Florida Focus Meeting; Noon, Logan's Well.</li> <li>Golden Floridians Business Meeting with Speaker Amy Sliter "Gardening for Seniors"; 1 PM, FSC.</li> </ul>	<p><b>Thursday 19</b></p> <ul style="list-style-type: none"> <li>Florida Lions Club Meeting; 6 PM, Logan's Well.</li> <li>Florida Rec Dodgeball for High School Students; 7-9:30 PM; SSSI.</li> <li>Board of Education Meeting; 7:30 PM, SSSI Memorial Bldg</li> </ul>	<p><b>Friday 20</b></p> <ul style="list-style-type: none"> <li>Communion Retreat; St Joseph School.</li> <li>Shabbat services; 7 PM, Temple Beth Shalom</li> </ul>	<p><b>Saturday 21</b></p> <ul style="list-style-type: none"> <li>Seward Homestead/Mapes House Restoration work day; 35 N Main; 8 AM on</li> <li>Polish Language Class; St Joseph School.</li> <li>Spring Fashion Show &amp; Tea Hosted by St. Stan. 100th Anniversary Committee; 3 PM, St Joseph Banquet Hall</li> </ul>
<p><b>Sunday 22</b></p> <ul style="list-style-type: none"> <li>Temple Tots; 10:15 AM, Temple Beth Shalom.</li> <li>Rosary Soc. Annual Spring Card Party; 2 PM, Parish Hall</li> </ul>	<p><b>Monday 23</b></p>	<p><b>Tuesday 24</b></p> <ul style="list-style-type: none"> <li>Florida Rec Dodgeball for Middle School Students; 7-9 PM; SSSI.</li> </ul> <p><b>Deadline to Reserve Ad Space for May issue of The Florida Focus contact ads@thefloridafocus.org</b></p>	<p><b>Wednesday 25</b></p> <ul style="list-style-type: none"> <li>Florida Focus Meeting; Noon, Logan's Well.</li> <li>Golden Floridians Trip to Azalea Festival in VA.</li> <li>Golden Floridians Game Day and Social Time; 1 PM, FSC.</li> <li>Village Board Work Session; 7 PM, Village Hall.</li> <li>Village Planning Board Regular Meeting; 7:30 PM, Village Hall</li> </ul>	<p><b>Thursday 26</b></p> <ul style="list-style-type: none"> <li>Golden Floridians Trip to Azalea Festival in VA.</li> <li>Seward Seniors Cake &amp; Coffee; Noon. Speaker; 12:15 PM. Reg Business Mtg; 1 PM, FSC.</li> <li>Seward House Restoration Meeting; 7 PM, FSC.</li> <li>Florida Rec Dodgeball for High School Students; 7-9:30 PM; SSSI</li> </ul>	<p><b>Friday 27</b></p> <ul style="list-style-type: none"> <li>Golden Floridians Trip to Azalea Festival in VA.</li> <li>Shabbat services; 7 PM, Temple Beth Shalom</li> </ul> <p><b>ADS, ARTICLES, etc FOR APRIL ISSUE OF THE FLORIDA FOCUS DUE contact editorial@thefloridafocus.org or submit online at www.thefloridafocus.org</b></p>	<p><b>Saturday 28</b></p> <ul style="list-style-type: none"> <li>Polish Language Class; St Joseph School.</li> <li>Golden Floridians Trip to Azalea Festival in VA.</li> <li>Sight &amp; Sound Bus Trip to Lancaster Theater to see "Jonah;" 8 AM, bus leaves St Joseph parking lot.</li> <li>First Penance; 11 AM, St Joseph</li> </ul>
<p><b>Sunday 29</b></p> <ul style="list-style-type: none"> <li>Golden Floridians Trip to Azalea Festival in VA.</li> <li>Year End Celebration; 2 PM, CYO</li> </ul>	<p><b>Monday 30</b></p>	<div style="border: 1px solid black; padding: 5px;"> <p><b>Abbreviations:</b></p> <p>FFD - Florida Fire Department                      FPL - Florida Public Library                      FSC - Florida Senior Center                      GH - Golden Hill</p> <p>KoC: Knights of Columbus                      PI: Pine Island                      PLAV: Polish League of America Veterans Hall, Pine Island                      PTSA - Parent Teacher Student Association                      SSSI - SS Seward Institute</p> </div>				

## Shawn Howell Receives Scouting's Highest Honor



Shawn stands with his grandfather, father, and five uncles, who are all eagle scouts.

Left to right: Gary Howell (who became an Eagle Scout in 1971), Shawn's father Skip Howell (1978), Shawn Howell (2011), Shawn's Grandfather Bill Howell Sr., Robert Howell (1976), Tim Howell (1979), Randy Howell (1984), and Bill Howell Jr (1969)

Boy Scout Troop 44 of Florida, NY has recognized Shawn Howell as their newest Eagle Scout. Shawn officially became an Eagle Scout on November 9, 2011, after his Eagle Board of Review and received his Eagle pin at an Eagle Court of Honor on Saturday, March 31, 2012.

To obtain the rank of Eagle Scout, one must develop, organize, and complete a service project that benefits the community. Shawn has always had a love for fishing, thus he decided to design and build a fishing dock for Glenmere Park in the Village of Florida. Many people fish from the shoreline but overhanging trees make it difficult to cast without getting their fishing lines tangled. Shawn met with Mr. Steve Sullivan, owner of Sullivan Flotation in Warwick, NY to discuss his ideas and obtain a project design and plan. Mr. Sullivan generously donated the hardware for the project and one of the four required floats. Shawn also met with Mr. Arnold Beiling, owner of Roe Brothers, of Florida, NY to determine the cost of wood, which was generously donated at cost.

*Continued on page 12*

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### From Our Mayor

Village elections were over on the evening of Tuesday March 20 and by morning of Thursday March 22, all of the political signs were removed from sight. What a good example for all elections to follow!

I extend a heartfelt "Thank you" to Trustee Tom Chevrier for 8 years of service to our village. Tom made the Youth Recreation program one of the best in the area and devoted innumerable hours making this Village a better place to be. Tom, your positive attitude, unique perspective and common sense approach to solving issues has been a true asset. Please return to government service in the near future; you are needed.

Congratulations and welcome to Craig Olejniczak, Florida's newest Trustee. There is much that needs to be done in the Village and working together we can get it accomplished.

Every year we get the opportunity to change a part of the elected officials.

Fortunately it is not required that we change the appointed personnel. In our village we have many experienced personnel that have stayed with our village for many years:

- Mr. Bernard Kunert, our attorney, has over 45 years municipal experience.
- Walter Kujawski, CPA, has been with the village for 35 years.
- Mrs. Gloria McAndrews has been village clerk for 28 years.
- Gerry MacDonald of MEC Engineering has been with the village since 1985.
- Jim Kennedy, at the water treatment facility, has been there for 16 years.
- Adrian Mateosian has been building inspector for 13 years.

Spring is here, the trees along Main Street are in full bloom and the Village is looking great! Congratulations and a wish for continued success goes out to Northern Bear. After 25 years in business, its location on 17A is getting a face-lift. The building, now owned by Laurie and Dan Weslowski, is looking terrific and will eventually house two additional businesses. Good luck!

Jim Pawliczek Sr.  
Mayor, Village of Florida  
PO Box 505, Florida, NY 10921

*This article is my way of communicating with you, the residents of the Village of Florida, on a regular basis. Any opinions expressed are strictly my own*

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## Orange County Historian's Office Announces 2012 Grant Recipients

### Village of Florida and Florida Historical Society Among Grant Recipients

Goshen - Orange County Executive Edward A. Diana and Historian Cornelia W. Bush are pleased to announce the recipients of the 2012 Orange County History grants. A total of \$16,600 is being awarded to 33 different recipients from throughout Orange County.

This year's projects include historic preservation, archives development and management, conservation and restoration of art and artifacts, and activities related to the commemoration of the American Civil War, in which Orange County residents participated. Seven properties on the New York State and National Registers of Historic Places are included among this year's grant recipients.

"Orange County has a rich and vibrant history that has contributed to the fabric of our nation from its earliest days," said County Executive Diana. "Through these grants we are able to do our part to preserve and promote that history for future generations."

The Orange County History grants program was begun in 1983 by then-County Executive Louis Heimbach and Historian Colin Faulds as part of the County's 300<sup>th</sup> anniversary celebration.

"2012 marks the anniversaries of a number of significant events in our County's history, including the 150th anniversary of Orange County residents first entering the American Civil War," said Historian Bush. "We appreciate the County Executive's ongoing support as we work to share this history with others. There are numerous exciting projects being undertaken by local historical organizations, and I look forward to working with this year's recipients to preserve and to share our history with residents and visitors to our beautiful region," continued Ms. Bush.

For more information about the Historian's Office, and a complete list of grant recipients, visit their pages on the County website at [www.orangecountygov.com](http://www.orangecountygov.com).

## Weather Watchers Wanted

Weather has affected us all these past two years, and accurate forecasts are important for everyone's comfort and safety. You can help! CoCoRaHS—the Community Collaborative Rain, Hail, and Snow Network—is a nationwide group of 15,000 volunteers who report the daily weather in their own backyards. CoCoRaHS is supported by NOAA, the National Science Foundation, and other sources, but it depends on volunteers. More volunteers are needed in our area. It's easy. It's fun. It's something important you can do in a few minutes each day. All you need is Internet access and an inexpensive rain gauge. A free training session for volunteers will be held at the Gander Mountain store in Middletown, NY, on Saturday, May 5, from 1:30 to 3:30 pm. Space is limited, and pre-registration is required. For details email [CoCoRaHS@Cornell.edu](mailto:CoCoRaHS@Cornell.edu) or call 845-644-4356.

## OC Volunteer Fire Police Association Meeting April 11

The Orange county Volunteer Fire Police Association will hold its April meeting on Wednesday April 11, 2012 at the Chester Station 1 (Walton E & H) firehouse, located on Main St. (Rt. 94) Chester, NY. The meeting begins at 7 pm.

There will be discussion of the proposed changes to the by-laws, and nominations for elections of new officers of the organization.

All delegates are asked to please bring a list of names of all their fire police, and a letter signed by their chief certifying them. These will be forwarded to the sheriff's office so that scheduling for photo IDs can begin.

Refreshments will be served. All county fire police are welcome to attend.

## Friends of Florida Public Library (FFPL) Raffle "Dinner with Friends"

Be the lucky winner of a basket filled with a mouth-watering assortment of goodies—enjoy a meal with family and friends. The raffle is a special addition to the FFPL Spring Used Book Sale. The prize basket will be displayed at the library beginning May 5. Tickets are \$1 each or 6 for \$5. Purchase details will be posted with the display and in the May issue of The Florida Focus.

The Used Book Sale dates are Saturday May 19 and Sunday May 20 from 9 am to 3 pm. FFPL members can enjoy a Friends' preview sale evening, on May 18.

Questions on the Raffle, the Book Sale, becoming a Friend of the Library? Contact Anita, FFPL Secretary, at 845-508-6352.

## Cops and Rodders of NY

Cops & Rodders of NY is sponsoring a Flea Market/Craft Fair/Garage Sale at the Museum Village 1010 Route 17M Monroe, NY on April 28, 2012 and the next three Saturdays after that. \$20 per space (you must bring your own tables) per week. For an application call 845-782-8248 or go to [www.copsroddersny.com](http://www.copsroddersny.com). There is no spectator fee for the Flea Market.

The 3rd Annual West Point Show will be held on May 12, 2012 from 10 am to 3 pm. This is an invitation show only (no entry fee), Classes by decade. Submit your application and if your vehicle is chosen you will be notified by 01 May 2012. Any proceeds from this show will support the Warriors Transition Unit, BOSS and Team Red, White & Blue at the Military Academy at West Point, NY. All persons entering the Military Academy must have a Valid Photo ID, and all vehicles are subject to a search. Contact us for a show application

Cops and Rodders of NY, PO Box 8, Chester, NY 10918. Call 845-216-0879 or 845-742-8381 or e-mail [copsnrdrs@aol.com](mailto:copsnrdrs@aol.com).



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The Easter Bunny delighted several youngsters when he visited Main Street, Florida, NY on Saturday March 30. His visit was sponsored by the Florida, NY Chamber of Commerce. Photos: Joyce Willetts



# The Florida Focus

## COMMUNITY COMMUNICATION SCHOLARSHIP

High school seniors in the Florida Union Free School District are invited write an article for The Florida Focus to become eligible for the annual "Community Communication" Scholarship. Articles should pertain to the Florida, NY community and may be about an event, a person, or place.

To be considered for the scholarship, the following guidelines should be followed:

1. Article must be no more than 500 words.
2. Article must have a title.
3. Up to 3 photos may accompany article (no more than 10 MB per e-mail).
4. Article must be submitted in time for publication in the May or June 2012 issues of The Florida Focus (respective deadlines are 27 April 2012 and 25 May 2012).

In addition:

- All submissions must be sent to: [editorial@thefloridafocus.org](mailto:editorial@thefloridafocus.org).
- All submissions must include "Scholarship Application" in the subject line of the e-mail.
- All submissions must include the author's name, address, and phone number.
- All submissions must include a statement that the work is original and has not previously been published elsewhere.

Authors may submit as many articles as they wish; however, submission does not guarantee publication.

The final decision on the scholarship awardee(s) will be made by The Florida Focus, Inc.

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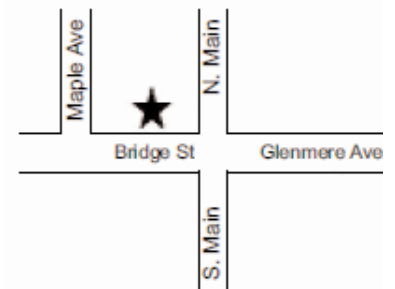
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## Warwick Valley Humane Society April Events

### Photo Contests April 1 to June 1

Enter the WHVS photo contests by submitting a 4x6 color or black and white photo and appropriate fee (see below) for each entry to: Warwick Valley Humane Society, PO Box 61, Warwick, NY 10990. All entries must be received by June 1. Sorry, photos cannot be returned.

**Dog Photo Contest:** For dogs only. Three categories: Special Seniors (age 7+ years), Precious Pup (age 2 to 12 months), and Favorite Friend. \$10 entry fee for each photo submitted. Judging will take place at the "Who Let the Dogs Out?" event on June 9. Great Prizes!

**Cat Photo Contest:** For cats only. Four categories: A-Silly Kitty, B-Fancy Feline, C-Cattitude, D-Purr-fect Pose. Fee: \$10 for first photo, \$5 for each additional photo.

### Rabies Clinic April 15

Rabies clinic will take place on Sunday April 15 from 10 am to 12 noon at the WVHS. Cost is \$15 cash per pet. All dogs and cats must be restrained on leashes or in carriers. This is a 1-year vaccination given by Pam Shultz, DVM of Orchard Grove Animal Hospital. Proceeds benefit the Warwick Animal Shelter. Rain/shine.

### Spay/Neuter Clinic (Cats Only) April 28

Low cost spay/neuter clinic for cats only by The Animal Rights Alliance Inc. (TARA) Mobile Clinic on Sunday, April 28, hosted by the WVHS. By appointment only; pre-registration required. Limited space. Rain/shine.

### GO ORANGE in April

April is prevention of animal cruelty month. The WVHS asks residents and businesses to display orange on their doors, windows, trees, cars, etc. "If you see something, say something." Report any and all suspected animal abuse to your local humane society, police or the WVHS confidential animal cruelty report line at (845) 987-8995. "See their suffering, Hear their cries, Be their voice." Orange awareness bracelets (\$4 each) and ribbons (\$1 each) can be purchased at the Warwick Animal Shelter to benefit their Princess Fund for animal victims of abuse. Monetary donations for the Princess Fund are greatly appreciated and may be sent to Warwick Valley Humane Society, PO Box 61, Warwick NY 10990.

*The Warwick Valley Human Society is located at 48 Public Works Road (off Kings Highway), Warwick. For more information about the WVHS or any of the above events call 845-986-2473.*

## Temple Sinai Hosts "Music with a Hebrew Accent" April 22

Florida resident Ron De Fesi, Artistic Director, Principal Conductor and producer of the Hudson Opera Theatre, will present a musical program "Music with a Hebrew Accent" at Temple Sinai Sunday, April 22, 2012 at 4 pm. This is a unique concert of music inspired by Jewish and Biblical Themes. Mark your calendar to attend this special concert and bring your friends and neighbors This wonderful concert is open to the general public. Tickets are \$15 for adults and \$10 for seniors, students and children.

## Support St. Joe's CYO Program Mohegan Sun Trip May 20

St. Joe's CYO Basketball Program is running a trip to Mohegan Sun at Pocono Downs on Sunday, May 20, 2012. The bus will leave St. Joe's parking lot at 10:00 am and will arrive back at the lot at approximately 7:00 pm. Cost is \$25.00 per person (18 years and older, please be sure to bring a government issued photo ID) with \$25.00 return in slot play plus a \$10.00 food voucher. That's a free bus ride plus \$10.00 for meals. A deal that can't be passed up! For more information, please contact Dana Castine 651-5040 or look for flyers at St. Joe's Church/Rectory. Space is limited! Sign up now!

## Tag Sale at Florida Presbyterian Church, May 5

On Saturday, May 5, 2012, from 8 am to 4 pm, a tag sale will be held in the parking lot of the Florida Presbyterian Church. The spaces are parking spot size. There are limited covered spaces available under the Carriage Shed. Regular spaces are \$20 and the Carriage Shed spaces are \$30. Set up is from 6 am to 7:30 am. No cars are permitted in the vendor area after set-up. Please call Bill McLaughlin (651-2336) for further information.

## TREPS Marketplace Coming May 5

What happens when you take today's kids and challenge them to become business people for a day? Come see at the TREP\$ MARKETPLACE! This annual event will take place on Saturday, May 5, 2012 from 3 to 5 pm at Golden Hill Elementary School, Florida NY. There will be more than 25 tables of innovative products and services—all developed, marketed and sold by young entrepreneurs of Golden Hill Elementary School and SS Seward Middle School!

Look in next month's Focus for the vendors' advertisements describing the products they'll be selling.

## FOCUS ON MEETINGS AND EVENTS

### Seward Homestead/Mapes House Restoration Work Days April 2 and 21

Help restore a Florida landmark! The Seward Homestead/Mapes House Restoration project will have work days on April 7 and 21 at 35 N. Main St, Florida. The restoration committee meets the 4th Thursday of every month at 7 PM in the Florida Senior Center. All are welcome!

### SS Seward Antique Appraisal May 12

The SS Seward Class of 2013 will be holding an Antique Appraisal Fundraiser on Saturday, May 12 from 1 to 4 pm in the Seward cafeteria. An expert appraiser will be here to tell you the value of your items. Appraisals are \$3 per item or 4/\$10. Any questions call Darlene at 845-651-4038. No Stamps or foreign coins please.

### Calendar Party at St Joseph's May 19

St. Joseph's Church Rosary and Holy Name Societies will be holding a Calendar Party on Saturday evening, May 19, from 7 pm to 11 pm in the Banquet Hall at St. Joseph's School. This will be a catered dinner along with dancing. Proceeds from this fundraiser will go towards the renovation of the Banquet Hall. Please call Donna at the Parish Office at 651-7792 for more information.

*To place your not-for-profit meeting or fundraising event here, e-mail editorial@TheFloridaFocus.org or submit online at www.TheFloridaFocus.org. Please limit to 75 words or less!*

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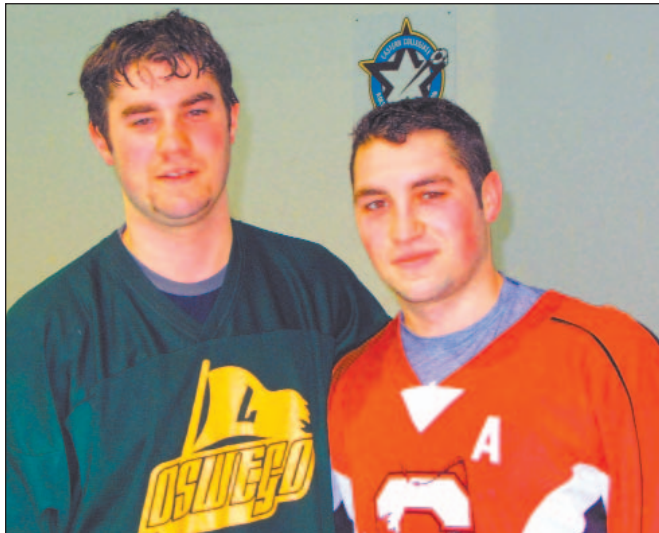
**SEWARD ALUMNI NEWS**

**Battle of the Barbariantz Brothers**

Congratulations to Michael Barbariantz (SS Seward class of 2008) and to his Division III SUNY Cortland Red Dragons roller-hockey team for a perfect 12-0 season and decisive 9-1 victory over the SUNY Oswego Lakers (9-3 season) in the Eastern Collegiate Roller Hockey Association Championships held on March 2-4, 2012 in Feasterville, PA. The Red Dragons went 3-0-1 during the playoffs with the tie against Oswego in preliminary play.

What made the weekend that much more interesting was that Michael's younger brother, Tyler Barbariantz (Seward class of 2010), skates for the Lakers. This was the second year in a row that the Lakers made it to the championships—quite a feat in itself as the team was founded just 2 years ago. A second set of brothers, Tommy and Billy Farr from Washingtonville, also skated against each other on the opposing teams.

Michael is a senior and will be graduating this Spring with a degree in physical education. Tyler is a sophomore pursuing dual majors in Business Administration and Applied Mathematical Economics. Michael and Tyler, along with their older brother Christian, have been skating roller and ice hockey on assorted clubs and teams from a very young age.



Pictured (left to right) are coaches Thomas Bracken, John Campaña, Andrew Pauwels. 2nd row: Declan Murphy, Christian Kozak, Tyler Pauwels, Sean Mitchell, Thomas Bracken, Cameron Panuska, Nicholas Campaña; 1st Row: Jimmy Piscitelli, Ruel Stephenson Jr., Morgan Kelly, Noelle Conde, Eddie Celiz

**Florida Strikers—Team Champions**

On March 4, the Florida U9 Strikers participated in the 17<sup>th</sup> Annual Bruce Oremus Memorial Soccer Tournament sponsored by the Highland United Soccer Club. The team finished the day in 1<sup>st</sup> place becoming the Team Champions. The competition was tough and each nail-biting match came down to the wire. The Strikers beat Newburgh and Cornwall and tied Hyde Park and Highland

for the win. The coaches were very proud of their players and how well they played as a team. Coach John Campaña said that this win was even more special because this was the first team under his direction that has taken 1<sup>st</sup> place in a tournament at this facility. The team wrapped up the indoor season on a positive note and is now preparing for the Spring outdoor soccer season.

**Florida Girls do it Again!**

Martina Brosnan and Michelle Gardiner participated in the run up the Empire State Building in New York City on February 8 in aid of Team for Kids. They endured 86 floors, 1,576 steps in excellent time. The girls would like to thank all who supported them in this cause. Also they thank everyone who helped them in the fund raising for the Leukemia and Lymphoma Society hike that took place in the Grand Canyon, Arizona, on May 24, 2011



**SPARTAN NEWS UPDATES**

by Coach Bill Steele

The 2012 Seward Baseball Alumni Game is scheduled for Sunday, July 1 at 6:00 PM at the Rock Sports Park in Chester. Any Seward Alum wishing to participate should contact Bill Steele at 607-765-0562 or wilroy20@yahoo.com. Wood bat only.

Middle school Dodgeball takes place on Tuesday nights at Seward from 7:45-9:00 PM with the exception of April 10, which is Spring Break.

The Florida Spartans AAU Basketball club will hold Open Gym Nights for High School students in the Town of Warwick on Thursday evenings from 8:00-9:30 pm in the Seward Gym.

The Seward Soccer Alumni Game this year will be played on Saturday, September 29 (Homecoming weekend) at 10:00 AM at the Seward Soccer Complex. Any Seward Alum interested in playing should contact Coach Steele.

**Help us celebrate our new additions!**

Aron & Lauren's son Dawson David

Alyssa & Dan's daughter Lily Grace

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## A Message from Highway Printing

To Our Loyal Customers:

First of all, we want to thank you for giving us your business over so many years—for utilizing and promoting our service, for putting up with occasional errors (hopefully very few!) and for just helping to put Highway Printing on the map. We were able to grow and prosper only because we found some great friends like you who gave us loyal support along the way.

During the last two weeks there have been some discussions out in the community that we will be closing down our company. While it is true that we are planning to wind down our operations over the next several months, the fact is that right now we are still here and open for your printing business needs.

We opened our doors in the Village of Florida, NY back in 1973. The majority of our customers have been with us from the mid 70's and 80's. And clearly, without a doubt, the best part of doing business with our customers is that you became our friends and we were honored to share in your personal triumphs and challenges.

Obviously it is with a heavy heart and sadness that I have made the decision to close the business which has been a part of my life for the last 39 years. I have enjoyed working with you and being part of this community

Your needs have always been important to us and in the upcoming months we will be here to fulfill your requirements. It is also very important to us that we work with each one of you in offering suggestions and guidance to ensure that your future business needs are transitioned to resources that will provide to you the same quality and caring that you received from us. We are here to help you in any way we can. We encourage you to please call us at 845-651-4488 or stop in and see us if you have questions or concerns.

We appreciate and acknowledge your contribution to our success over the years and know we couldn't have done it without you. Thank you for allowing us to serve you. It has been our pleasure.

Thank you.

Sincerely,

Pamela A. Lehman

*Highway Printing is located at 60 North Main Street, Florida, NY 10921*

## Scholarship Reminder from the PI Chamber

The Pine Island Chamber of Commerce would like to remind students and parents that the chamber will award two scholarships, in the amount of \$1,000 each, for students pursuing careers associated with agricultural study or the culinary arts/ hospitality.

Applicants must be a resident of the Town of Warwick, NY and be a graduating senior, in good academic standing, who will graduate in June, 2012. Application materials are available from area high school guidance departments, on the Florida Union Free School District website, the Warwick Valley Central School District website, on the Town of Warwick and Village of Greenwood Lake websites, and the Pine Island Chamber website; the deadline for submission is April 16, 2012.

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*Celebrating the arrival in Pine Island of Eat Sweet, a hand-made baked goods shop, were (from left) Warwick Town Superintendent Michael Sweeton, Sue Wilk of the Pine Island Chamber of Commerce, owners Melissa Schultz and Abigail Stever, Pine Island Chamber President Marlene Caraballo, and Chamber Directors Eve McClanahan and Peter Lyons Hall.*

## Hand-Made Cookie Shop Opens in Pine Island

Cookies were on hand at the ribbon cutting in Pine Island this week to celebrate the opening of Eat Sweet, a new store at 729 County Rte 1, selling high quality, hand-made cookies and baked goods.

Opening their own shop has been the dream of Abigail Stever and Melissa Schultz, both of Warwick, since they met at a bakery 15 years ago. At Eat Sweet they specialize in classic cookies, truffles, shortbread and cupcakes and take orders for custom-made baked goods for weddings, holidays and business functions – they will produce company logos on cookies.

Abigail and Melissa will open a second store in Warwick in the spring.

*For more information, visit [www.EatSweetAlways.com](http://www.EatSweetAlways.com) or call (845) 981-7444.*

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## Operation Safe Stop

### Operation Safe Stop Education and Enforcement Day April 18

On Wednesday April 18, 2012 law enforcement officers around the state will participate in an Operation Safe Stop day. During "Safe Stop," police officers are on board school buses and in marked and unmarked patrol units on selected bus routes that have a history of illegal passing complaints. Police will issue tickets to drivers who pass stopped school buses (Section 1174 of the Vehicle & Traffic Law).

#### What is Operation Safe Stop?

Operation Safe Stop seeks to promote school bus safety through education and enforcement efforts. Operation Safe Stop is a cooperative project supported by the New York State Governor's Traffic Safety Committee, the New York State Education Department, the New York Association for Pupil Transportation, the New York State School Bus Contractors Association, the student transportation industry and state, county, city and local law enforcement agencies. The goal of Operation Safe Stop is to proactively educate motorists about the dangers of passing stopped school buses.

#### Did You Know:

An estimated 50,000 motor vehicles illegally pass New York State school buses every day.

**Yellow lights mean the bus is going to stop. Slow down!**  
**Red lights mean students are getting on or off the bus.**  
**STOP! STOP! STOP!**

#### The Law Says:

- It is illegal—and very dangerous—to pass a stopped school bus when the large red lights located on top of the bus are flashing. Flashing lights mean the bus is picking up or discharging students.
- You must stop whether you are approaching the school bus from the front or overtaking it from the rear.
- You must always stop for flashing red lights, even on divided and multilane highways and on school grounds.
- The first-time fine for illegally passing a school bus is a \$250 to \$400 fine, 5 points on your license, and/or possibly 30 days in jail.
- Worse yet, the memory of hitting or killing a child may be one you carry for the rest of your life!

#### Penalties for Passing a Stopped School Bus:

	Minimum Fine	Maximum Fine	Possible Imprisonment
First Conviction:	\$250	\$400	Up to 30 days
Second Conviction (within 3 years):	\$600	\$750	Up to 180 days
Third or Subsequent Convictions: (within 3 years)	\$750	\$1,000	Up to 180 days



## Florida Girl Scout Receives Silver Award

Florida Girl Scout Sinead Brosnan from Troop 315 received her silver award in November 2011. Her project involved the pouring of a concrete base for an Animal shelter at the Warwick Humane Society.

Sinead would like to thank the following who helped her complete her project: John Gardner Construction from the village of Florida, Joe Devenney from Goshen, and her dad Kieran Brosnan.

"Thank you all for the help you gave me," said Sinead.

*Left: Sinead holds her Silver Award certificate*

## Shawn Howell Receives Scouting's Highest Honor, continued from page 3

Shawn was very determined to see the project through, even after many obstacles with the Department of Environmental Conservation and the permit process. Once completed, the project provided a 5' by 8' walkway from the shoreline to an 8' by 16' platform in Glenmere Lake. Approximately 260 hours of planning, organizing, and building went into the project. It is a great place for families with small children to learn how to fish and enjoy the lakes scenery. The dock was first introduced into the lake in September 2011 and a dedication ceremony was held in October 2011. The dock is back in the lake for the spring, summer, and fall months for the community to enjoy.

Shawn comes from a family that has always been involved in scouting. His grandfather, Bill Howell, was the Scoutmaster of Boy Scout Troop 44 when Shawn's father and uncles—all Eagle Scouts—were in scouting. Shawn's father, Skip Howell, is the current Scoutmaster of Pack 44. Shawn's mother, Diane Howell, was his den mother during



*Shawn Howell during the ceremony in the Florida Presbyterian Church*


his Cub Scout career, from when he started as a Tiger cub in first grade through completion of his Arrow of Light. In addition, his three older sisters obtained their Girl Scout Gold Award (Julie Howell Kulek in 1998, Courtney Howell in 2008, and Brooke Howell in 2010).

Shawn would like to extend appreciation and gratitude to all of the volunteers that assisted with the construction of the dock; as well as Steve Sullivan from Sullivan Flotation and Arnold Beiling from Roe Brothers.

*Submitted by Courtney Howell*

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# Florida Union Free School District

S. S. Seward  
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Please address any comments about this FUFSD publication to Superintendent of Schools Diane M. H. Munro • www.FloridaUFSD.org • 845-651-3095

## SUPERINTENDENT'S MESSAGE

### Finding a Balance

In this time of spring fever and sunshine, we celebrate the talents of our students! The High School Play is a wrap, with a large cast providing memorable performance in this year's "Spy School." The Select Choir has performed on Television, the 5th grade has completed their biome projects, students continue to raise funds as part of the Charity Challenge, and spring athletes have enjoyed the unusually warm weather. The Science Research Team is gearing up for their trip to MIT to compete in the Lemelson Project, and graduation is just around the corner.

In the midst of many year-end activities, we are gearing up for assessment season. New York State Assessments begin for students in grades 3-8 the week we return from spring break. Additional assessments in science follow in May, and we close the year with the annual Regents week marathon.

This year the NYS Assessments are unique. While the tests are supposed to measure success with the "old" curriculum, questions based on the new Standards will be mixed in. The new questions are designed to create a baseline to help assess student growth the following year. Unfortunately, coming across questions about material that has not been taught may confuse the students and affect their scores. Typically, our students do well. While the many changes represent a challenge, our teachers have worked with students to both prepare and reassure.

State assessments will come and go, but the positive energy of our students is constant. In the face of rapid change, we will continue to improve our ability to help each child uncover his or her interests and build a positive path to the future.

Sincerely,

**Diane M H Munro**

Superintendent of Schools

## SS Seward Students to Access Syracuse University Forensic Science Class Next Fall

Syracuse University, widely recognized for its Project Advance program, which allows high school students to enroll in and complete college courses while in high school, has a strong educational partner. SS Seward Institute recently became a partner school and will be offering SUPA Forensic Science next school year.

The SUPA program, in existence since 1974, has partnered with high schools in helping to make the connection between high school and college a more

meaningful one. It was a natural progression of academic achievement that led Seward to Syracuse. After years of success of offering college classes via SUNY Orange, the SUPA program allows school officials to expand upon course offerings, while meeting student interest.

Seward's Forensics class will be led by Ms K Hannon, who will be spending time this summer with other SUPA teachers preparing and developing learning experiences for students. Presently, 14 students are enrolled for this fledgling

class. Ms Hannon teaches Chemistry at Seward, as well, and was integral in bringing this class to Seward.

As educators at Seward continue to review curriculum, the partnership with Syracuse may grow as student interests change and grow stronger in getting a head start on their collegiate studies. Parents and guardians will find the classes to be accessible and affordable, helping to ease the burden of paying for college. To learn more about the program, visit [supa.syr.edu](http://supa.syr.edu).

## Harvest Days Update "and the winner is..."

January 10, 2012 was our first Harvest Day of the New Year! Children at Golden Hill knew it was the day because the Junior Wellness Committee members had been to their classrooms to get their passport books ready. A sticker with a picture of the fruit/vegetable to be tasted is put in each passport. Choices of like it, didn't like it or didn't try it are on the sticker so the students can come back after lunch and use it to give an opinion about the tasting experience.

January's fruit was pineapple! I think you can imagine what the children said after tasting it. "It was so sweet." "I wish I could have more." "I want my mom to buy it." Only 21 students would not try it and some of those students were sorry they didn't! Overall, 288 students liked it (or should I say loved it); 30 students said they did not like it. Fruits seem to be getting rave reviews but that may be due to familiarity and I am sure the sweetness adds to it too!

Melanie Dwornik, Shoprite's Registered Dietitian, makes this a child friendly experience. She encourages questions and offers interesting information about the fruit/vegetable being offered. She may tell them where it is grown or how it is used in other food products. It is an educational AND YUMMY experience for students and staff members!

I will be giving you another update next month. The Junior Wellness Committee members will soon be tallying the votes but I already know our February Harvest Day was just as successful! The children at Golden Hill started out moving slowly towards better eating and overall wellness but they are in the fast lane. Maybe they will win the Daytona of Wellness next year. I KNOW THEY CAN!

Submitted by Marlene Lysack, RN

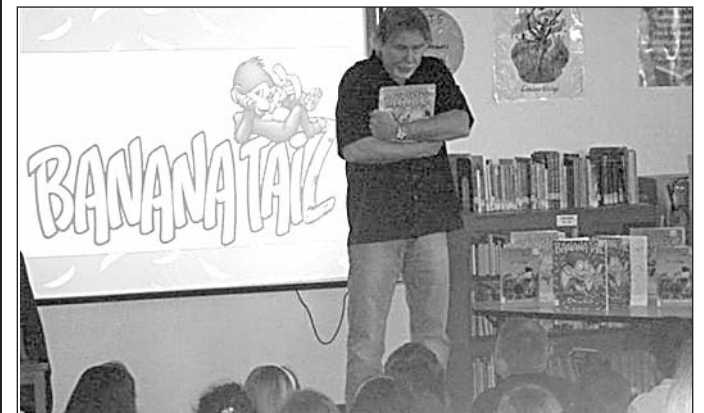
## Golden Hill Celebrates Parents as Reading Partners

March began with PARP at Golden Hill Elementary School. We kicked-off at Barnes and Noble the first Saturday of the month. We had many guest authors and readers come to the event. This is our fourth year at Barnes and Noble.

We had many guest authors attend festivities at Golden Hill. Matt Field (Father Like a Tree), Mark McKenna (Banana Tales), and Tim Tocher (many poetry books). Mr. Tocher also had lunch with 10 very excited fifth graders and Mrs. Sick. The students were asked to write about "Why I would like to have lunch with a famous author"?

Mrs. Sick and Mrs. MacFarlane coordinated a Pajama Day for Dr. Seuss' Birthday and Read Across America. Fun was had by all the teachers and the students.

Text and photo: Marlayne Sick



Local author Mark McKenna talks to GH students. More PARP photos inside.



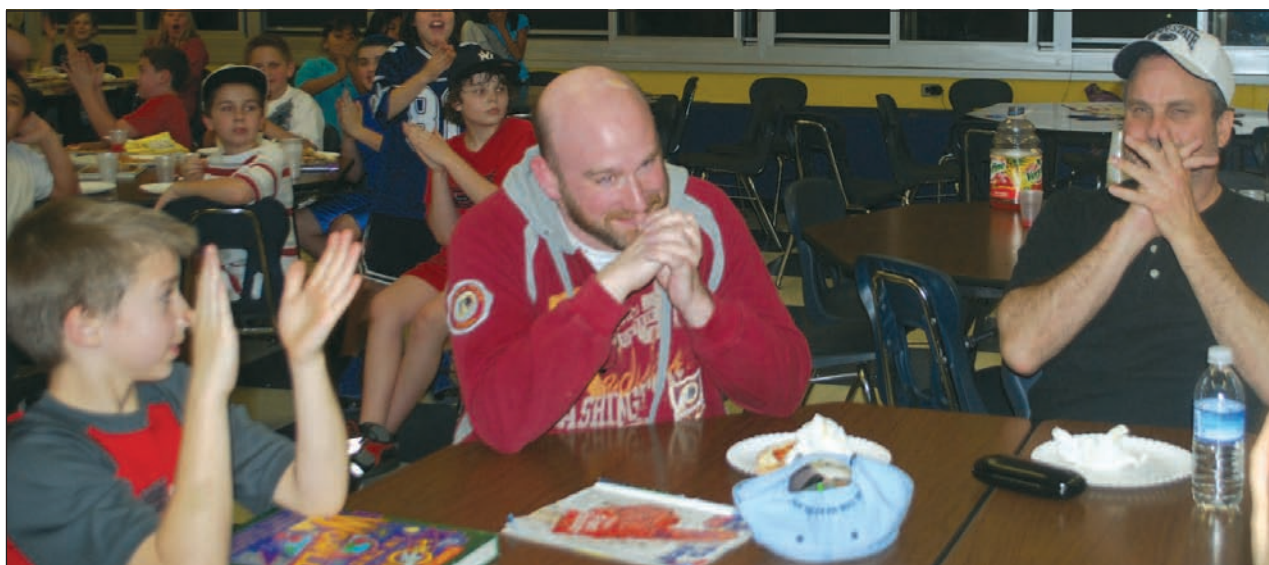
## Calendar Change

**There will be NO SCHOOL for students on Monday, April 30 or Monday, May 7, 2012.**

The District has planned to use these Conference Days for teachers to correct the New York State Assessments. The dates were recently determined after the final testing schedule was announced.

## 5th Grade Midnight Madness

Photos: AnnMarie Scotti



## The Barnes and Noble Book Fair

Photos: AnnMarie Scotti



## The SS Seward Boys JV Basketball Team



Pictured is the SS Seward Boys JV Basketball team, which finished the 2011-12 season with a 17-1 record. They won the Spartan Invitational tournament in December for the first time in school history. Team members included Nelson Fernandez, Marquis Gonzalez, Danny Collins, Anthony Borgese, Tim Thompson, Joe Pillmeier, Zach Adams, Tom Vinetti, Craig Smith, Jon Codi, Cole Gill, and Kyle Straub. The team is Coached by Bill Steele. Photo: Francesca Gallardo

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### Orange County College Fair

Wednesday, May 2nd 7:00-9:00 PM @ SUNY Orange-Gymnasium  
Middletown, NY

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#### 5th Graders Lunch with an Author



#### Storytelling night at school



# Golden Hill Book Bingo

Photos: AnnMarie Scotti



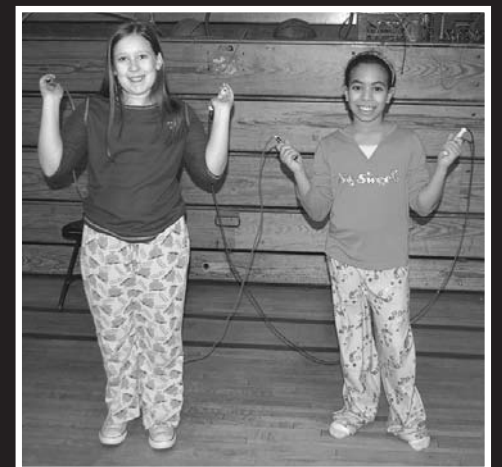
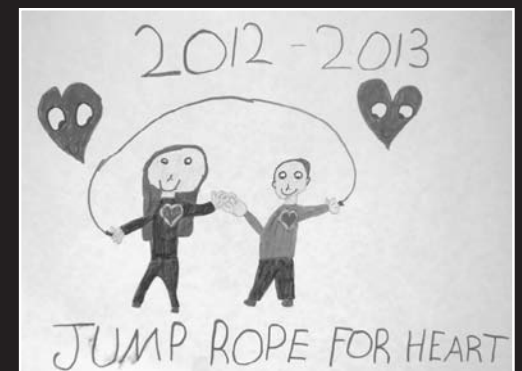
# Golden Hill Pajama Day

Photos: AnnMarie Scotti



# Golden Hill Jump Rope for Heart

Photos: AnnMarie Scotti



PARENT-TO-PARENT

School Spirit

by Nicole Quattrociochi

The holidays are a time that most associate with a spirit of giving and yet this Spring the generosity of those in the Florida community is abundant. Various fundraising efforts for the Leukemia and Lymphoma Society (LLS) are underway and thousands of dollars have been raised to date.

This has been most evident in the halls of SS Seward. Although the grade with the most money raised for the LLS has been offered the reward of a pasta lunch from Olive Garden and the highest class receives an ice cream party or similar, the students fundraising efforts go beyond the compensation of a frozen treat. It doesn't appear to be the proverbial dangling carrot that is getting these students to break open their piggy banks and pound the pavement in search of donations from the community. Their motivation runs deeper. Knowing that they are playing a small role in something bigger has spurred on their altruistic intentions.

To heighten the excitement surrounding charitable giving, the compelling force of school spirit has sweetened their drive. SS Seward has teamed with Cablevision in various fundraising and school spirit activities this year. In December Cablevision's Power to Learn donated a Charity Champions check in the amount of \$500 as seed money to raise money for the LLS. Along with that \$500 Cablevision also donated a check for \$1000 to the charity. We are now in the running to win the \$5000 first prize; attainable if we show how we are getting school involved with charities.

This spirit has continued in other charitable ways. For instance, this past year our students collected hundreds of canned goods for the local food pantry, raised money for hurricane and earthquake relief efforts as well as such disorders as cystic fibrosis and cleft palates, supported Warwick Farm Aid, and others. The students, teachers, and administration have responded by purchasing Relentless bracelets, donating to Pasta for Pennies, supporting charitable school spirit days such as Jersey Day, Ugly

Sweater Day, and Dress Up for Teachers/Dress Down for Students. Our district has rallied behind these and other causes raising thousands of dollars.

School spirit has taken other routes as well. The Cablevision-owned network of MSG Varsity is currently hosting School Spirit Mania where schools throughout our state are competing for a customized club car. Despite being a small school, Seward has proven it can play with the big boys when it comes to showing our school spirit. We made it past the first two rounds and into the Sweet Sixteen, beating out schools with substantially larger student populations. How is this possible? School spirit is catchy, motivating students to vote and push our school's percentage higher. Students that normally wouldn't get involved are doing so, logging onto the site to record their votes. To promote activism, the morning announcements would often begin with encouragement to rally and vote for our school at [schoolspiritmania.com](http://schoolspiritmania.com); reminders for upcoming opportunities to join in on a charitable spirit day are also given. Many of us are competitive by nature and now we can be competitive for a cause. It seems that kids are motivated by a desire to help others and that ups their game

Our teamwork with Cablevision has spread beyond fundraising in support of academics and the arts. For instance, our Select Choir went to Long Island recently to compete against seven other high school musical groups. Sponsored by MSG Varsity, the talent show will be broadcast in April and public opinion prevails so be prepared to vote for our school once again.

Seward's school spirit has been evident in other arenas this year. The Student council used their funds to purchase a Spartan mascot to promote spirit at sporting events



Stolen GEB Dog Replaced by Area Businesses

The Guiding Eyes for the Blind Donation Dog, which was stolen last December, has been replaced by four Town of Warwick businesses. GEB is now sponsoring an event to get the public involved in visiting businesses in the Town of Warwick (including Florida, Pine Island, and Greenwood Lake). Winners of this event will be invited to a summer graduation at the GEB Yorktown Heights Training Center. All you have to do is to 'look around Town' to find Emma. In the process you will discover some really great businesses, too!

*Guiding Eyes for the Blind is an internationally accredited, non-profit guide dog school providing trained Guide Dogs free of charge to the Blind & Visually impaired. They also provide lifetime support services to their Graduates.*

and fundraising opportunities. The Homecoming Parade was even more special than years past because the theme was charities. Over \$1000 was raised from just the parade alone with charitable donations being made to such organizations as Ronald McDonald House, March of Dimes, Autism Awareness, and American Heart Association.

In all, school spirit is abundant in the Florida Union Free School District. This is one bug you won't mind catching.

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PSYCHIC MOMENTS



**Huna—  
Hawaiian  
Mysticism**

by Psychic Cyndee

Last month I focused on Shamans and Shape-shifters. This month I would like to continue with my focus on Mystical and Magical people.

Huna is the Hawaiian equivalent to shamanism. When we think HUNA, we think aborigine with mystical powers. In Hawaiian the word huna means “secret” or “hidden”. The Huna teachings are very similar to those of the EGYPTIAN Initiations into the Order of Melchizedek. Those subscribing to Huna and the path that they are on believe that consciousness is the direct result of their own thinking. What we project into our reality is what we ultimately experience.

This is similar to a belief in Karma although HUNA never speaks of such things. We exist in a type of holographic reality that can shift and change depending on how our emotional energy is being processed. In

order to heal ourselves we must first learn how to reconnect to the divine wisdom that exists within. We need to learn how to remove fear and all of the negative emotions that are embedded in our own DNA.

We must be clear of all emotional issues to attain higher consciousness. Otherwise we will remain trapped in a reality that is based on the illusion of the lower self. There are Seven Fundamental Principles of Huna. The Hawaiians believe that learning and understanding of these principles will lead one to a state of peace, healing and harmony.

The principles include:

IKE: The World is the way we think it is.

KALA: There are no limits, everything is possible.

MAKIA: Energy flows where the attention goes.

MANKAW: Now is the moment of power.

ALOHA: To love is to be happy with

PONO: Effectiveness is the measure of truth

We see aboriginal as sometimes primitive but also having supernatural powers. They refer to “dreamtime” and illusion in their teachings. They speak of traveling in the sleeping mind. In order to learn how to access the “secret” world of wisdom one must learn to travel through the dream and go beyond

the illusion that exists in the waking mind.

Another important belief found in the teachings of HUNA is that people are made up of ten basic elements. There exists a triad of MIND-FORCE-ENERGY. The human’s vital life force energy is said to be divided into three levels. The lowest is that of the lower, subconscious self. The second level or middle is also the same energy and the higher self energy and is said to be raised to a higher level. The higher and or highest level is that of the conscious mind and is connected to the Divine.

The basic principle is: We exist on several levels and are all learning how to expand our level of consciousness. The lower unconscious level is in one frequency range and the highest level of self is above that of the normal conscious mind. I refer to the highest level as a level of “attainment.” It is what we aspire to be. And ultimately we are here to first experience the dense physical reality and second to reach a level of full conscious awareness and then go back home to God. Huna is but one of many traditions that people have synthesized into being.

*Psychic Cyndee booking at: 845-651-1639.  
Author of "THE ANGEL DIARIES" available at  
www.psychicyndee.com*

**HVPS Coming Events**

**Scholarships Offered**

Through its many activities, the Hudson Valley Polonaise Society members work to raise funds to support various programs and projects. The HVPS will be awarding two \$1,000 scholarships to graduating seniors who are of Polish descent. Seniors must be graduates of Orange County high schools; or the son or daughter of an active Hudson Valley Polonaise Society member.

Graduating seniors who meet the criteria and who attended Orange County High Schools are encouraged to contact their Guidance Office for an application. The deadline for submission is May 15, 2012. For more information, contact [katrinae@frontiernet.net](mailto:katrinae@frontiernet.net). The mission of the Hudson Valley Polonaise Society is to preserve the customs and traditions of the Polish Culture

**Spring Polka Dance May 6**

Spring will be arriving soon, and “polkas” will again be heard at the Polish Legion of American Veterans hall in Pine Island, NY. The HVPS will be featuring another top-notch polka band, the Golden Tones from Pennsylvania. Mark your calendars for Sunday, May 6 from 2 to 6 PM. This is the answer to the dreary days of winter!

Admission is only \$12 and children under the age of 16 who are accompanied by an adult, are FREE! Delicious food will be available. If you would like advanced tickets, or to make a reservation, call Stella at 845-291-8706. Tickets will also be available at the door. Put on your “polka shoes” and join in the fun. See you there!

*Submitted by Hilda Ellis, HVPS, 845-294-9254*

**UFO Society Meets April 4**

The United Friends Observer Society (UFOs) will hold their regular monthly support meeting on Wednesday April 4 in the Walker Valley Schoolhouse Community Center, 6 Marl Rd and Route 52, Walker Valley, NY. Door opens at 7 pm, meeting starts at 7:30 pm. The group provides a safe and friendly environment for those who wish to share stories and/or experiences with UFOs, aliens or the paranormal. A \$5 donation is appreciated to offset expenses. For more information contact Dr. Bill at 845.744.3143 or [billjw1055@yahoo.com](mailto:billjw1055@yahoo.com).

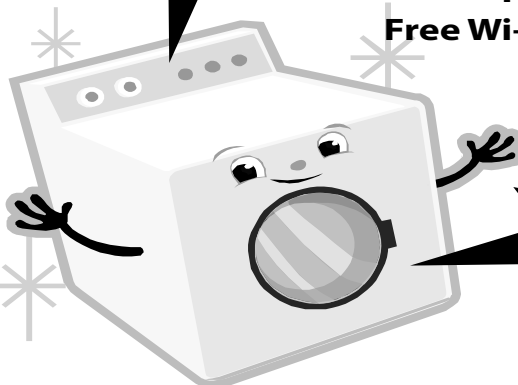
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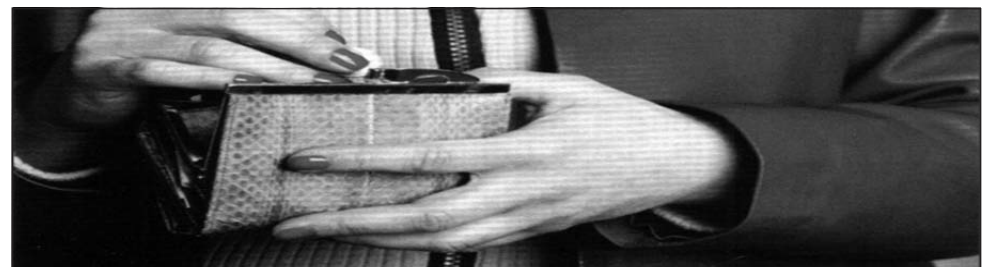
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## Florida Photographer Hosts 3rd Annual “A Smile to Remember” April 29

A photographic fundraising event honoring the memory of Lynne Morris, who perished in the events of 9/11, will be conducted on Sunday April 29 at the Thomas Bull Memorial Park. Sessions will take place at the Arboretum, specifically near the 9/11 memorial sculpture from 9 to 11 am and from 3 to 6 pm. The mini photographic portrait sessions last approximately 15 minutes. Suggested donation is \$30; prints are not included, but can be ordered and viewed online.

Florida resident Jamie Kaminski, of Jamie Kaminski Photography, and friends and family of Lynne Morris organize this event. ALL proceeds are given to the Lynne Morris Scholarship fund. Lynne was a fellow classmate and dear friend from Monroe-Woodbury’s class of 96. She was a dynamic individual, who had a spark and zest for life. While she perished on 9/11, her wide smile is forever engraved in the hearts of those that hold her memory so dear. The Lynne Morris Scholarship fund is granted to a standout MW grad, honoring her accomplishments professionally and personally. The Morris family grants the scholarship

Please visit [www.JamieKaminski.com](http://www.JamieKaminski.com) for more details or to reserve your portrait time.

## Office for the Aging Seeks Nominees for Senior Citizens Award

Goshen - Orange County’s senior citizens are the foundation of our community and now Orange County Executive Edward A. Diana is looking to recognize those who go above and beyond to make a difference for others. The County Executive and Orange County Office for the Aging (OFA) are now accepting nominations for the 2012 Orange County Senior Awards Program.

The Orange County Office for the Aging is looking for older adults age 60+ who deserve to be recognized for their achievements as outstanding citizens because they have volunteered their time and talents to better their community.

“It’s my honor each year to recognize the contributions of the older adults in our community,” said County Executive Diana. “They are an inspiration to all of us and it is their work and community spirit that have built our County into the great place it is today.”

The Office for the Aging will sponsor awards in two categories: “Orange County Senior Citizen of the Year” and “Outstanding Contributions by a Senior.” Award winners are announced in May by the County Executive, honored at a luncheon by the Orange County Senior Council, and at the June meeting of the Orange County Legislature.

“The Senior Awards program is one of my favorite annual OFA events,” said AnnMarie Maglione, Director of the Office for the

Aging. “We look forward to meeting these extraordinary seniors who really stand out among the legions of senior volunteers who do so much for people of all ages throughout our community.”

Stanley Gurda of Pine Island was the 2011 Orange County Senior Citizen of the Year because of his efforts to provide social and recreational opportunities to the seniors of his town. Under his leadership, the senior club grew from forty members to 125 and introduced healthy exercise and fun activities for the group. In addition, Stanley served as an EMT with the Pine Island Ambulance Corps for five years, on the Town of Warwick Planning Board for six years, including one as Chairman, and has been actively involved in his church for many years.

Florence Radcliffe of Washingtonville was recognized for Outstanding Contributions in 2011 for her extensive and long-term volunteer work at Valley View Center for Nursing Care and Rehabilitation where she runs recreational activities for the residents at least three times per week, as well as working in the Gift Shop. In addition, Florence bakes cakes for the monthly birthday celebrations held for the residents.

To receive a nomination form or further information, call the Orange County Office for the Aging, 845-615-3700, or download an application at [www.orangecountygov.com/departments/Office for the Aging/Senior Awards](http://www.orangecountygov.com/departments/Office for the Aging/Senior Awards). Applications are due by April 9, 2012.

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Above: Preston Campbell reads at the Florida Public Library to Nikki, a R.E.A.D. therapy dog who visited with owner Mary Hopper.

Top left: Annie Emanuel won the Florida Public Library's Love Your Library picture contest and received a tote of prizes from Library Assistant Meg Sgombick.

Bottom left: Winner of the Hunger Games trivia contest at the Florida Public Library, Mikaella Verblaauw receives two movie tickets and a journal from Library Assistant Meg Sgombick.



**March Coloring Competition**

Congratulations to Juliana Blauvelt and Biaden Webber for their bright and colorful winning entries in last month's coloring contest.

See page 23 for April's contest.



On March 3 Cub Scout Pack 62 held its annual Pinewood Derby at the Goshen High School. Matthew Maccagnan's car came in first place in his den, and represented the Tiger Cubs in the final overall pack winner race. In the finals, Matthew won two races and came in second in the third race earning him the trophy for first place overall in the pack. Matthew is a first grader at Scotchtown Avenue School. Matthew and the other three den winners from Pack 62 will go on to race in the district pinewood derby in the spring.



A good time was had by all at the Comed Beef Dinner held at the Florida Presbyterian Church on March 17, 2012. The Church members thank everyone who joined us for this wonderful meal!

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*Look what's happening in May!*

**Boys & Girls Book Clubs**

Boys & girls in grades 4-6 only are invited to join and read *The Multiplying Menace (A Magic Repair Shop Book)* by Amanda Marrone. Selection is available at FPL for check-out when you register. **A Magical Night at FPL** ~ Our clubs will meet on **Friday, May 18 at 6 p.m.** to talk about the book, have snacks and enjoy a magical treat for book club members only... **The Wonderfun Magic Class:** Magician Scott Morley will reveal secrets and teach you how to perform magic like a professional-for Book Club Kids only!

**Create a Literary Cake for Children's Book Week**

If you love to decorate cakes & are up for a challenge, sign up to have your cake judged at our **Book Cake Contest**. Make & decorate a literary themed cake at home. Maximum size of cake is 11 1/2 x 14. Bring it to library by **1 p.m. on Sunday, May 6** for judging at **2 p.m.** Adult home bakers only. (Ask for details.)

**Hearty Summer Salads**

CIA graduate & international chef Peter Sullivan will demonstrate several easy and hearty summer salads. Two session class for adults only. Taste testing, too!  
**Wednesday, May 9 & 16 at 6:30 p.m.**

**To Kill a Mockingbird Scholar Led Book Discussion**

Read it for the first time or read it again. Pick up a copy of *To Kill a Mockingbird* by Harper Lee today at the library now and register for the book discussion led by Wendy Dembeck **Thursday, May 17 at 6:30 p.m.** Ms. Dembeck is a retired English teacher who was recognized as a New York State Teacher of Excellence. She has conducted many book discussions in the Warwick area over the last several years.

*Call the library for information about the Friends Annual Used Book Sale being held the weekend of May 18 - May 20.*

# FLORIDA PUBLIC LIBRARY

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April 2012

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## Family Time at the Library

 <p><b>Family Afternoon Movie</b> Popcorn &amp; juice will be served. <b>Tuesday, April 10 at 2 p.m.</b></p>	 <p><b>Nature Wagon</b> Kevin Geraghty returns with his wagon full of wild life for children to see, touch and enjoy. Register today - Program fills fast! For all ages. <b>Thursday, April 12 at 2 p.m.</b></p>	 <p><b>Read to Nikki</b> Make an appointment for your child to read to Nikki. He loves to listen to beginner readers! <b>Saturday, April 14, 2 - 3 p.m.</b></p>	<p><b>El Dia de los Niños Children's Day / Book Day</b> Readaloud celebration for families of all linguistic &amp; cultural backgrounds. Spanish snacks will be served. <b>Sat., April 21, 2 p.m.</b></p> 
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### InvenTeam Panel Discussion

S. S. Seward Institute was awarded a *Lemelson-MIT InvenTeam* grant. Meet faculty advisor Mr. VanderKruik & the team of students who developed a portable, solar powered autoclave to be used by medical professionals to sterilize medical instruments where no electricity is available, especially in developing countries. Check out their blog at <http://sssewardinventeam.weebly.com> and bring your family to meet our local inventors!

**Wednesday, April 18, 6:30 p.m.**

### Orchids - The Basics

A master gardener from Cornell University Cooperative Ext. will lead a gardeners' guide to the basic care and growth of orchids. For adults only. **Thursday, April 19 at 6:30 p.m.**

### Poetry Café

Robert Milby & guest poets will perform classic and original poetry, followed by an open mic. Coffee and desserts served. Adults. **Friday, April 20, 7 p.m.**

### Bag It

Is your life too plastic? Celebrate Earth Day by joining us to view this persuasive and award winning documentary about the effects of plastic on our waterways, oceans and our bodies. Plastic alternatives will be explored. Adults & teens. **Sunday, April 22 at 1 p.m.**

### Cake Decorating

Tina Tahir will lead a basic decorating class for adults. Pick up a short list of supplies needed when you register. No experience necessary!

**Wednesday, April 25, 6-7:30 p.m.**

### Holocaust Remembrance

The Bielski brothers built a village in the woods during WWII to hide 1,200 Jews for 2 1/2 years. Their true story is portrayed in the movie, *Defiance*. View it with us on our BIG screen followed by reflective discussion. For adults & teens. **Sunday, April 29 at 1 p.m.**

### Our Monthly Meetings

**Black Dirt Storytelling Guild:** Adult story lovers and tellers are invited to tell a story on the theme, *Wilderness*. "Just listeners" are always welcome. **Thursday, April 12, 7:30 p.m.**

**Knitting Circle:** Enjoy company while you knit or crochet. An instructor will be on hand for beginner or advanced help. **Monday, April 16, 6-7:30 p.m.**

**FPL Page Turners:** Pick up your copy today of *Extremely Loud & Incredibly Close* by Jonathan Safran Foer and join our casual discussion. **Thursday, Apr. 26, 6:30 p.m.**

**Beginner Computer Lessons:** Sign up now for the series of May workshops. Annette will call to confirm your place in class. **Tuesdays in May at 10 a.m.** (Also sign up for June dates tba)

### Our weekly programs begin again in April ~ Sign up today!

**Rhymetime** (18-35 mos. & caregiver) ~ **Wednesdays, 10:30 a.m.** Please make other arrangements for siblings.

**Family Storytime** (toddlers, preschoolers, siblings & parents) ~ **Wednesdays at 1:30 p.m.**

**Storytime** (3-5 years "on their own") ~ **Thursdays, 10:30 a.m. OR 1 p.m.** Parent must remain on premises.

**Books & Beyond** (Kids in grades K-3) ~ **Tuesdays at 4:15 p.m.** with Miss Meg ~ NEW TIME! ~

**Tween Time** (Kids in grades 4 & 5) ~ **Tuesdays at 6:30 p.m.** with Miss Meg

**YA Discovery** (Young adults in MS & HS) ~ **Mondays at 2:30 p.m.** Snacks & activities

### We're Expecting!

The arrival of our new interactive website is imminent and we have already named it:

**FloridaPublicLibrary.org**

Start up costs for this project have been provided by the Friends of the FPL.

**Coming to the internet soon!**

### LIBRARY HOURS & MEETINGS IN APRIL 2012

Monday-Thursday 10 a.m. - 8 p.m.  
Friday & Saturday 10 a.m. - 5 p.m.  
Sunday 12 p.m. - 5 p.m.

Monday, April 2, 7:30 p.m. Board of Trustees  
Monday, April 9, 7 p.m. Friends of FPL  
Closed Sunday, April 8

**FOCUS ON WELLNESS**



**What does your gut tell you?**

by Paula Aston, CHC, EdD

When you were trying to make a decision, do you recall someone asking: “What does your gut tell you?” Or urging you to “go with your gut?” Checking in with your gut can provide important clues to the quality of your overall health. Think of your gut as the center of your immune system.

Everything you eat and drink, every thought you think, every feeling you have, goes through your gut. If you eat and drink well, your gut can digest and utilize all the nutrients that your body needs to function. That is, of course, if your stress level is under control. In this article, let’s focus on how you can use foods to help your gut thrive. I am sure that you have heard of “probiotics,” by now. Yogurt is an excellent probiotic. If you ever have to take “antibiotics,” eat yogurt for the entire course of the medicine. If you are a woman, antibiotics can create a yeast infection because they kill ALL bacteria, the bad and the good. Kefir is a delicious drink that is also excellent for gut health.

Besides “probiotics,” there are also “prebiotics.” When you think of “prebiotics,” think fiber, which most of us get too little of in our daily diet. Simply put, both pre and pro keep the good gut flora growing, which is what you want.

So, where do we find “prebiotics?” One of my favorite mucilage fiber sources is okra. It is great sautéed in olive oil with garlic and sea salt. We put it in our traditional New Orleans gumbo. Another favorite is flax seeds. I throw a handful into the pan of almost anything that I sauté. I sprinkle them on salads. They have a nice nutty taste. Chia seeds, psyllium, fenugreek (an Indian seed seasoning), kelp, aloe vera, and agave are also sources of mucilage. Further, I can tell you that the herb slippery elm is a fabulous system and gut soother. I mix slippery elm powder in a little water and drink it down. You can also make little balls to keep in a tin, by mixing the powder with a little honey until it is of dough consistency, then roll it into balls. I have used this herb to quiet most stomach ailments and also as a preventive measure prior to holiday indulgence. Your gut also loves fermented foods like sauerkraut, pickles, olives, tempeh, miso, soy sauce and kimchi. This list of beneficial foods is by no means exhaustive.

I encourage you to do a little research and experimentation on your own, to find which foods seem to work best for you. One piece of advice: just try new foods a little at a time. Remember: a thriving gut doesn’t live on prescription or OTC drugs. There is no acid reflux, no constipation, no diarrhea, no pain. If you have such symptoms that persist, see your health care provider, sooner rather than later. Your health depends on it!

For more information, check out these sources: [www.ehow.com/how\\_7506080\\_boost-good-flora-intestines.html](http://www.ehow.com/how_7506080_boost-good-flora-intestines.html); [anti-inflammatoryremarks.blogspot.com/2010/05/dietary-fiber/](http://anti-inflammatoryremarks.blogspot.com/2010/05/dietary-fiber/); [Prebiotic and PostbioticsBiotivia.com/florativia](http://PrebioticandPostbioticsBiotivia.com/florativia): First Ever Supplement to combine both prebiotics and probiotics. Contact Paula at [paulaaston@hotmail.com](mailto:paulaaston@hotmail.com).

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**The Cancer Control Connection**

by Melanie Dwornik

April is Cancer Control Month, but what exactly is cancer control? It’s about making changes to things you can control, like diet and exercise, so you can greatly lower your risk of cancer. Research shows that one third of cancer cases are linked to poor diet, physical inactivity, and carrying too much weight. Along with quitting smoking, the top three things you can do to reduce your cancer risk are related to these three controllable behaviors:

1. Achieve or maintain a healthy weight.
2. Eat a healthy diet.
3. Be physically active.

**Control Your Weight**

Being overweight can increase the risk of cancer and chronic diseases such as diabetes and heart disease. Cancer risk is increased when excess weight causes the body to produce and circulate more of the hormones estrogen and insulin, which can stimulate cancer growth. A good way to see if you are at a healthy weight is to have your doctor check your body mass index (BMI). BMI measures the relationship of your weight to your height. A healthy weight is considered a BMI below 25. Get started with simple steps to help achieve a healthy weight:

- Limit portions sizes
- At meals, make ½ of your plate fruits and vegetables. They also make great snacks
- Limit excess calories from sugary beverages
- Read food labels and limit products that are high in saturated fat, trans fat, sodium and added sugar.

**Control Your Diet**

Nutrient-rich foods contain essential vitamins, minerals and antioxidants all of

which have been shown to help prevent cancer. Since all foods contain a different mix of nutrients, it’s important to eat a varied and balanced diet. Take a look at your diet to see how you can add more of these foods to your meal plan.



- Fruits and vegetables, including beans and legumes. Whether their fresh, frozen, dried or canned, aim for a serving at every meal and snack. Not only are they full of fiber, vitamins and minerals they’re also low in calories – helping you to manage your weight.
- Whole grains. They contain more fiber, which has been shown to help prevent certain cancers such as colon and rectal cancers. Half of the grains you eat each day should be whole grains. Read labels and look for the word “whole” in the ingredient list.
- Low-fat dairy. Three servings of low-fat milk and dairy foods help provide you with the calcium and vitamin D your body needs.

**Control Your Activity**

Increasing your activity plays a role in cancer prevention since it helps you achieve or maintain a healthy weight. The American Cancer Society recommends that healthy adults get at least 30 minutes a day of intentional moderate vigorous activity at least 5 days a week. Intentional means over and above everyday activities like using the stairs at your office or doing housework. For kids, the recommendation is 60 minutes or more at least 5 days a week

Melanie Dwornik is a Registered Dietitian, certified in the state of New York and her nutrition services are complimentary part of the LiveRight Program at the ShopRite of Warwick. Call 917.612.7425 for an appointment.

## Get in on Florida Family Fun Fest 2012

Sunday August 12, 1-8 pm

JOIN the Planning Committee: 7:00 pm first Wednesday each month, Village Hall.

SUBMIT your nominations: Citizen of the Year, Youth Achievement, Lifetime Achievement. Mail nominations to: Selection Committee, Florida Family Fun Fest Committee, P.O. Box 505, Florida, New York 10921, drop off at Village Hall, or email to [floridafunfest@hotmail.com](mailto:floridafunfest@hotmail.com).  
Deadline: April 2, 2012.

ATTEND the Little Miss Florida Pageant 2012 on Saturday, April 28 at 2:00 pm in the SS Seward Cafetorium. Join us for the crowning of Little Miss Florida 2012 and cast your vote for the Artwork Prize. Refreshments will be served. \$2 Admission.

ADVERTISE in the 2012 Fun Fest Journal. Rate sheets/advertising specs available at Village Hall.

RESERVE a Vendor Booth. Vendor applications are available on the Fun Fest website ([www.floridafamilyfunfest.org](http://www.floridafamilyfunfest.org)) or they may be picked up at Village Hall (33 S. Main St, Florida, NY), or call Gail (845-651-3425) or Gloria (845-651-7707). Costs is \$60 for commercial vendors and \$30 for not-for-profit vendors. Booth size: 10' x 10'.  
Deadline: July 13, 2012

REGISTER for 5K and 10K Races. See article and entry form at right.

VISIT [floridafamilyfunfest.org](http://floridafamilyfunfest.org).

### THE FLORIDA FAMILY "RUN" FEST UPDATE

## So why should I participate in a 5K race?

We all know the health benefits of exercise... we hear it from our doctor, read it in the newspaper, and see it on the TV ...yeah... We get it. We know.

And while health certainly is an excellent reason to get motivated, it is not the number one reason why you should participate in an organized run such as the Florida Family "Run" Fest!

Did you know that most "races" are organized to benefit a specific cause or charitable organization? Sometimes the cause is a worldwide issue: to find a cure for cancer, or leukemia or to raise awareness for autism or Alzheimer's. More often, it is a means to raise funds for a much needed community program or to help a local family in need.

For many runners, myself included, the motivation for participating can be found in running for a cause—specifically, in raising money and awareness for a charity that is close to their hearts. Step onto any race course and you'll be surrounded by people pounding out miles that mean something to them. It's one of the most magical elements of running.

The Florida Family "Run" Fest is proud to support the local students in our community by offering a \$1000 scholarship given to a graduating senior who plans on pursuing their education. Scholarship applications are available in the Seward Guidance Office. Submission deadline is April 30. We encourage all seniors to apply!

Run or walk with us...your community. Lace up those sneakers and help send a student to college!

*Our committee is hard at working planning and organizing to bring you another spectacular event! Please consider joining our team. To donate, volunteer or become a sponsor call Tom at 845-742-2016.*

### ENTRY FORM

Entry fee is \$20 if you pre-register by August 1, 2012; \$25 on race day

Make checks payable to:  
Florida Family Fun Fest  
P.O. Box 505, Florida, New York 10921

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Sex: M F

\*\*\*\*AGE ON RACE DAY: \_\_\_\_\_\*\*\*\*

Please Circle ONE:

5K Run      5KWalk      10K Run **New!**

T shirt size:    S    M    L    XL  
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by August 1)

Email: \_\_\_\_\_

In consideration of accepting this entry, I, the undersigned, intend to be legally bound, here, for myself, my heirs, executors and administrators, waive and release all rights claims for damages I may have against the Florida Fun Fest Committee and the Florida Fire House, emergency and Ambulance corps, the village of Florida, sponsors, volunteers and the directors for any and all injuries suffered by me. I further agree to save harmless and indemnify them. I attest that I am physically fit and have sufficiently trained for the competition of this race and my physical condition has been verified by a medical doctor. No portion of this entry fee may be tax deductible. All fees are non-refundable.

Signature: \_\_\_\_\_

Parent or Guardian: \_\_\_\_\_  
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**3300-sq** ft brick and stone estate with fireplace, 3 bathrooms, 8 rooms, hardwood flooring, balcony. On 2 separate lots **\$357,000**. Seller will give \$35,000 credit for renovating kitchen and bathrooms. Also available with 7 additional acres.



**FLORIDA:** Cape with kitchen, dining room, living room and bath. 3 bedrooms and bath on 2nd floor. detached garage on level 0.5 acre. Only **\$239,500**



**FLORIDA:** Contemporary style bi-level. Spacious master bedroom with cathedral ceilings, modern kitchen, dining room, living room, 3 bedrooms, 2 baths. Lower level bedroom, office and den. Detached garage and car port, in-ground pool. Totally refurbished in 2000. A great value at **\$369,500**. Also available with neighboring house.



Volunteers take a break during a recent workday at the Seward Homestead/Mapes House Restoration Project. Pictured in the Mapes House are Annie Zembovictz (front) and (standing left to right) Adrian Mateosian, Bob Scott, Petter Helseth, and Mike Kamrowski. Volunteers are always welcome at the workdays! See the Focus calendar for schedule.

Photo: Joyce Willetts

### Civil War!

The Chester Historical Society is honored to announce that its 2012 exhibit will be: Civil War! Opening speakers will commence at 10:30 am on Saturday, May 5 in the 1915 Erie Station, 19 Winkler Place, Chester, NY 10918. Jeffrey Albanese, Patriotic Instructor will speak about Brevet Brigadier General

Henry Lawrence Burnett and Anna Dickinson. Anna Dickinson was the first woman to speak before the United State Congress! Both are interred in Goshen's Slate Hill Cemetery. James G. Meaney Commander, Ellis Camp 124 & Sons of Union Vets will talk about the life of the Union soldier and 124<sup>th</sup> NY Regiment (Orange Blossoms).

### FOCUS THEN AND NOW



Photo: Bob Scott

Looks like everyone was stumped last month! We had only a few entries in our "Then and Now" competition and no-one correctly identified the location of the featured house (pictured left, top). On an 1850 map of Florida, this house was listed as owned by C. Vandervort. It later became the residence of Wm. Roe. The nearby stream was dammed to create a large swimming pool—complete with island and supervised by a lifeguard—which was located where the Big V parking lot is today. The house and barns were torn down to make room for the present day Provident Bank (pictured left, bottom).

Let's see if we get a winner for our April "Then and Now" competition. Can you correctly identify the building below and tell us where it is... or was?



If you think you have the answer, go to the "Contact Us" page on our web site at [www.TheFloridaFocus.org](http://www.TheFloridaFocus.org) and send us a description of the location as close as you can. If you have a story to tell about the place, include that in your response. First person to contact us through our website with the correct name and location of the building will win. Even if you don't win, we may still print your story in a future issue of the Focus. All entries must be received by Monday, April 26, 2012.

[www.TheFloridaFocus.org](http://www.TheFloridaFocus.org)

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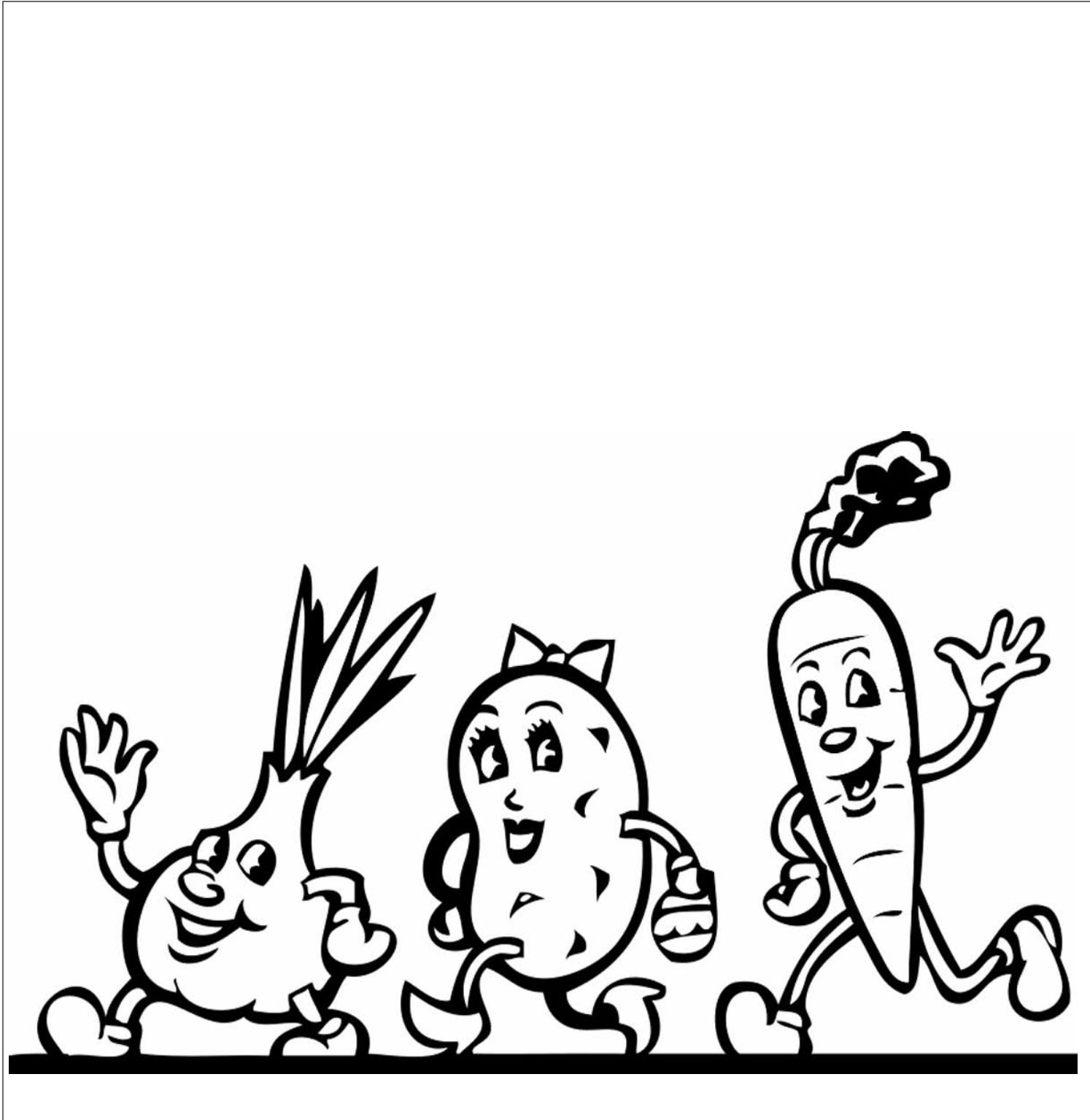
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# The Florida Focus Coloring Contest

Students residing in the Florida Union Free School District are invited to enter The Florida Focus Coloring Contest, which is being run in collaboration with the Wellness Committee of Golden Hill Elementary School. Two \$10 prizes will be awarded: one to a winner in pre-K through 2nd grade and one to a winner in the 3rd through 5th grade. Winners are chosen by The Florida Focus, Inc.



The Coloring Contest is open to students in pre-school through fifth grade.

To enter, simply color picture of the walking vegetables. Add a background and a picture of your favorite vegetable if you like. Use crayons, markers, glitter, collage, etc to color your picture (be creative!).

**New!** You may now drop off your picture in the office at Golden Hill Elementary School!

You may also drop off the picture in The Florida Focus mail box at 62 N Main St Florida, NY (in the Professional Building).

Or, send the completed picture to:

The Florida Focus  
62 N Main St, #208,  
Florida, NY 10921.

All entries must be postmarked or placed in The Florida Focus mail box by Monday 23 April, 2012.

All entries must be accompanied by this form:

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_  
E-mail or phone number to contact if student wins: \_\_\_\_\_  
Signature of parent or guardian (required): \_\_\_\_\_

# The Florida Focus

YOUR LOCAL COMMUNITY PUBLICATION

THE FLORIDA FOCUS, INC., A NOT-FOR-PROFIT ORGANIZATION

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\*BILL CREDIT/PROGRAMMING OFFER: IF BY THE END OF PROMOTIONAL PRICE PERIOD(S) CUSTOMER DOES NOT CONTACT DIRECTV TO CHANGE SERVICE THEN ALL SERVICES WILL AUTOMATICALLY CONTINUE AT THE THEN-PREVALING RATES. Free SHOWTIME for three months, a value of \$38.97. Free HBO, STARZ, SHOWTIME and Cinemax for three months, a value of \$135. LIMIT ONE PROGRAMMING OFFER PER ACCOUNT. Featured package names and prices: ENTERTAINMENT \$54.99/mo.; CHOICE \$63.99/mo.; CHOICE XTRA \$68.99/mo. Prices include the following bill credits for 12 months after rebate: \$20 for ENTERTAINMENT, \$24 for CHOICE and CHOICE XTRA; plus an additional \$5 with online rebate and consent to email alerts. In months 13-24, bill credit will be \$10/mo. Eligibility based on ZIP code. Upon DIRECTV System activation, customer will receive rebate redemption instructions (included in customer's first DIRECTV bill, a separate mailing, or, in the state of New York, from retailer) and must comply with the terms of the instructions. In order to receive \$25 monthly credits for the ENTERTAINMENT Package (\$29 for CHOICE and CHOICE XTRA) in the first 12 months, customer must submit rebate online (valid email address required) and consent to email alerts prior to rebate redemption. Rebate begins up to eight weeks after receipt of rebate submission online or by phone. Duration of promotional price varies based on redemption date. \$10 CREDIT OFFER: Customers activating and maintaining the ENTERTAINMENT Package or above along with an HD Receiver or HD DVR and enrollment in Auto Bill Pay will receive an additional \$10 bill credit for 24 months. Account must be in "good standing" as determined by DIRECTV in its sole discretion to remain eligible for all offers.

\*\*24-MO. LEASE AGREEMENT: EARLY CANCELLATION WILL RESULT IN A FEE OF \$20/MONTH FOR EACH REMAINING MONTH. Must maintain 24 consecutive months of your DIRECTV programming package. Advanced Receiver-DVR fee (\$8/mo.) required for HD Receiver lease. Advanced Receiver-HD fee (\$10/mo.) required for HD Receiver lease. Advanced Receiver fee (\$20/mo.) required for HD DVR and TiVo HD DVR from DIRECTV lease. TiVo service fee (\$5/mo.) required for TiVo HD DVR from DIRECTV lease. If you have two boxes or one box and an enabled TV, an additional \$6/mo. fee applies. For each additional box and/or enabled TV on your account you are charged an additional fee of \$6/mo. per box and/or enabled TV. NON-ACTIVATION CHARGE OF \$150 PER RECEIVER MAY APPLY. ALL EQUIPMENT IS LEASED AND MUST BE RETURNED TO DIRECTV UPON CANCELLATION, OR UNRETURNED EQUIPMENT FEES APPLY. VISIT directv.com OR CALL 1-800-DIRECTV FOR DETAILS. Advanced receiver instant rebate requires activation of the ENTERTAINMENT Package or above; OPTIMO MAS or above (for DVR Receiver, MAS LATINO); Jadeworld; or any qualifying international service bundle, which shall include the PREFERRED CHOICE programming package (valued at \$41.99/mo.). Second, third and fourth HD Receiver offer requires activation of the ENTERTAINMENT Package or above or MAS ULTRA Package or above and HD DVR as the first free receiver upgrade. Home Media Center HD DVR and additional advanced receiver upgrades available for a charge. INSTALLATION: Standard professional installation in up to four rooms only. Custom installation extra.

DIRECTV CINEMA/ON DEMAND: Access to available DIRECTV On Demand programming is based on package selection. Actual number of TV shows and movies will vary. Additional fees apply for new releases. Some DIRECTV CINEMA and On Demand content requires an HD DVR (HR20 or later) or DVR (R22 or later), DIRECTV CINEMA Connection Kit and broadband Internet service with speeds of 750 kbps or higher and a network router with an available Ethernet port are required. Visit directv.com/cinema for details. To access DIRECTV HD programming, HD equipment required. Number of HD channels based on package selection. Customer satisfaction ratings based on 2011 American Customer Satisfaction Index. Local channels eligibility based on service address. Not all networks available in all markets. Programming, pricing, terms and conditions subject to change at any time. Pricing residential. Taxes not included. Receipt of DIRECTV programming subject to DIRECTV Customer Agreement; copy provided at directv.com/legal and in order confirmation. ©2012 DIRECTV, DIRECTV and the Cyclone Design logo, DIRECTV CINEMA, CHOICE and CHOICE XTRA are trademarks of DIRECTV, LLC. All other trademarks and service marks are the property of their respective owners.